

# GASTROENTEROLOGY CENTER

## DR. WARREN HIATT INSTRUCTIONS FOR COLONOSCOPY PREP WITH HALFLYTELY

PREP TO BE DONE THE DAY BEFORE THE PROCEDURE  
NO SOLID FOOD ALL DAY. ABSOLUTELY NO MILK OR DAIRY PRODUCTS OR  
RED AND PURPLE LIQUID.

### APPROVED CLEAR LIQUIDS

### ABSOLUTELY NO MILK OR DAIRY PRODUCTS

### ABSOLUTELY NOTHING THAT IS RED OR PURPLE IN COLOR

---

WATER	BROTH	BOUILLON	JELLO
GATORADE	LEMONADE	KOOL-AID	POPSICLES
FRUIT JUICES (without pulp)	SOFT DRINKS	TEA	COFFEE (Black) (may add sweetener)

---

**STEP 1.** When you wake up, add lukewarm water to the fill line on the bottle of Halflytely, shake thoroughly until all of the powder is completely dissolved, then refrigerate. Kit will contain solution and 2 pills. If kit contains 4 pills please discard 2 of the pills.

**STEP 2.** Take (2) Bisacodyl Tablets at 8:00 a.m. with water. DO NOT chew or crush tablets. DO NOT take within 1 hour of antacids. Drink plenty of liquids because the pills may cause severe cramping.

**STEP 3.** Start drinking the solution by 4:00 p.m. and finish by 8:00 p.m.

DO NOT DRINK ANYTHING ELSE WHILE DRINKING THE SOLUTION. AFTER ALL OF THE SOLUTION IS GONE, DRINK WATER UNTIL MIDNIGHT. AFTER MIDNIGHT, NOTHING TO EAT OR DRINK UNTIL AFTER THE TEST.

**If on MEDS:** Contact your primary physician or cardiologist if you are taking Coumadin, Plavix, Ticlid, Aggrenox, or have a metal heart valve for procedure clearance. **Your cardiologist must give you approval to take or stop these medications.**

If you have severe discomfort or distention (bloating), STOP drinking the solution for a while or wait longer between drinking each glass until discomfort subsides. Nausea, cramping and abdominal fullness are a Common reaction with this prep.

**Day of Procedure:** Take blood pressure medications if prescribed with a small amount of water. Do not take other medications until test is completed. You must have a driver and your driver must remain at the facility while test is being completed.