

# GASTROENTEROLOGY CENTER

## EGD AND COLONOSCOPY

LOCATION \_\_\_\_\_

TIME \_\_\_\_\_ ARRIVE BY \_\_\_\_\_

### PRE-PROCEDURE INSTRUCTIONS

1. Do not eat or drink anything after midnight the night before your procedure. If your procedure is scheduled in the afternoon, you can have clear liquids till 9:00 AM the morning of the procedure and nothing after that.
2. You will be sedated during the procedure and will not be able to drive yourself home. Arrange for someone to bring you home after the procedure.
3. If you have high blood pressure or heart problems your medication is very important to you and should be taken the morning of the procedure with a small sip of water.
4. **If you are on Coumadin, Aspirin, Plavix, Ticlid, Aggrenox, or have a metal heart valve please CONTACT the prescribing physician for procedure clearance. You will need authorization to stop taking these medications 5 days before the procedure.**
5. Do not take any aspirin containing medications such as ( Goody's, BC powder, Excedrin, Vanquish ,etc) as well as any anti-inflammatory medications such as Motrin, Advil, Ibuprofen, Aleve, Relafen, Naprosyn, Feldene, Indocin or Clinoril. Bextra, Vioxx, and Celebrex may be taken as they do not increase your risk for bleeding.
6. Stop taking vitamins and herbal supplements at least 5 days prior to the procedure. Garlic, Vitamin E, Ginkgo, and Ginseng act as blood thinning agents and can increase you risk for bleeding.
7. If you are Diabetic, do not take your insulin or oral diabetes medications until after the procedure.
8. If you have been instructed to take antibiotics prior to surgery or dental procedures by any of your doctors. Make sure your doctor is aware of this so that they can decide if this is necessary prior to your procedure.