

GASTROENTEROLOGY CENTER

EGD AND COLONOSCOPY

LOCATION _____

TIME _____ ARRIVE BY _____

PRE-PROCEDURE INSTRUCTIONS

1. If your procedure is scheduled in the afternoon, you can have clear liquids till 9:00 AM the morning of the procedure and nothing after that.
2. You will be sedated during the procedure and will not be able to drive yourself home. Arrange for someone to bring you home after the procedure.
3. If you have high blood pressure or heart problems your medication is very important to you and should be taken at the usual time with a small sip of water.
4. **If you are on Coumadin, Aspirin, Plavix, Ticlid, Aggrenox, or have a metal heart valve please CONTACT the prescribing physician, cardiologist or neurologist for procedure clearance. You will need authorization to stop taking these medications 5 days before the procedure and remain off of them for up to 14 days afterwards if necessary.**
5. Do not take any aspirin containing medications such as (Goody's, BC powder, Excedrin, Vanquish ,etc) as well as any anti-inflammatory medications such as Motrin, Advil, Ibuprofen, Aleve, Relafen, Naprosyn, Feldene, Indocin or Clinoril. Bextra, Vioxx, and Celebrex may be taken as they do not increase your risk for bleeding.
6. Stop taking vitamins and herbal supplements at least 7 days prior to the procedure. Garlic, Vitamin E, Ginkgo, and Ginseng act as blood thinning agents and can increase you risk for bleeding.
7. If you are Diabetic, do not take your insulin or oral diabetes medications that morning until after the procedure.
8. Antibiotics prophylaxis is no longer recommended for any GI procedures. If you have questions concerning these, please make sure to ask your doctor **before** the day of the procedure.